

THE CARHARRACK NEWS

With the compliments of Carharrack Parish Council

ISSUE 83 WINTER 2024

www.carharrackparishcouncil.co.uk

FREE PUBLICATION



COVER IMAGE CHILDREN'S COMPETITION WINNERS



WARM HUB



**FREE BOWL OF SOUP & A ROLL
TO ALL OAP'S OF THE VILLAGE**


3rd Saturday of the Month

1pm - 3pm

(Starting 16th November)

The Mills Hall, Carharrack TR16 5QW

Pop in for Tea/Coffee and Chat if you are alone and need someone to talk to. Soup can be taken away if you wish.

 mills.hall@mail.co.uk

 www.hallbookingonline.com/carharrack



Carharrack Festive switch on

1 DEC | 15:00 | MILLS'
2024 | 17:30 | HALL

Come along for a festive afternoon full of children's activities, festive stalls, refreshments and draw of the Christmas raffle*. We have word that a certain jolly fella will be making a special visit!

Band and carol singing for the village lights switched on at 5pm,
Supported by The Mills' Hall Trust

*Raffle tickets available to purchase at the event.



TICKET TO SANTA'S GROTTTO

Santa's extremely busy this year so to help him know how many children would like to see him, we're ticketing entry to the grotto.

Each free ticket will be valid for a visit to Santa's grotto and includes a gift.

If your child wishes to visit Santa, ticket(s) must be secured by **Monday 18th November**. Please email or message us on facebook with your child's first name and age. Your ticket(s) can then be collected on the day.

Grotto open
3:15pm to 4:45pm

✉ CarharrackICE@outlook.com

I.C.E

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EVENTS

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CARHARRACK METHODIST CHAPEL

In July we said farewell after eight years to our minister Rev'd Elizabeth Harris and her husband John as they left with Liz taking up a new post of superintendant minister in Droitwich, Worcestershire.

In July a farewell service attended by congregations across the Falmouth-Gwennap Circuit with a bring and share meal was held so we could all say our goodbyes and share together memories made during the previous years.

Our newly appointed minister was due to join us at the beginning of September, but sadly due to unforeseen circumstances was unable to take up the post. This leaves the Falmouth-Gwennap Circuit with one minister in charge of ten Chapels until September 2025.

Looking back over the last few months two occasions stand out. To raise some much needed funds several members took on the £10 challenge. On a parallel with the Parable of the talents (Matthew 25, verses 14-30) we were " given " £10 to go away and try our best to increase it by any means pertinent to our abilities. Results included cooking for others, inviting people for Sunday roast lunch, producing small crochet goodies, and a Sunday afternoon tea including bingo. All events and goodies were available for a donation and we found people to be very generous. Thanks to all those who supported us in this project.

The second was that of the annual community service. Representatives from ten organisations from the community were in attendance with seven parading the banners of their groups.

We are now looking towards the season of Advent and Christmas when we hope to see people of the village joining us for the Children's Nativity and Carol service which will be taking place on 15th December at 10:45 and led by the Chapel congregation.

Services each Sunday start at 10:45, and we would love to see anyone who would like to join us. We are a friendly, caring group of people who would welcome you into our church family. We are also one of only two Chapels within the circuit who have an active Junior Church.

In addition to our services we also hold regular coffee mornings on the second Thursday and the last Saturday of each month. They commence at 10:30, and have stalls including one with very tasty cakes and pies. In November the Saturday coffee morning will include an auction. If anyone has any goods they would like to donate it would be appreciated.

Linda Trelease
Church secretary



Lest We Forget



As the delivery of this issue of Carharrack News is very close to remembrance Sunday, which includes our wonderful village display of poppies it takes me back to my own story. In the 70s my stepmother who worked for the Royal British Legion gave me two complementary tickets for the evening Remembrance service in the Royal Albert Hall (little did I know the impact that evening was to have on me). I had watched it on the television many times and knew what to expect, but actually being there was a totally different experience, so much so that I went and joined the WRAF. At the end of a very hard 10 weeks training we had to give 3 choices for our preferred postings. My first was St Mawgan here in Cornwall which I didn't get, I got my second choice RAF Uphaven in Wiltshire.

Whilst training I loved to march for which I scored very high marks. Having been at Uphaven for a few months I was called into my Warrant Officer who advised me I had been chosen to go to London for the remembrance service at the Cenotaph and the Royal Albert Hall in the evening. I was shocked, scared but felt very honoured.

Marching from Chelsea barracks to the Cenotaph in November was so cold and being fairly tall I was always front marker when marching anywhere and that day was no different, lovely for those tucked behind you with the wind and rain hitting me, that together with the new best blue uniform on and shirt starched within an inch of its life, the blisters forming were

very painful.

Being in line at the Cenotaph to stand for the longest time waiting for the Queen and all officials to arrive you are told not to stare at the Grenadier Guards busbies as the bearskin flows in the wind and can be mesmerising, some did get dizzy and go down.

The most frightening part of the whole day was walking down the stairs and commencing to march, with getting the arms and legs in sync is the most difficult.

Prior to the event our WRAF squadron were posted to RAF Northolt which was the Queens Squadron to be trained for a week to march to the stairs and commence marching after coming down. However I managed to do it correctly. Standing in the arena alongside fellow armed forces and volunteer forces waiting for the poppies to fall was so moving, maintaining your composure was very difficult. A day in my life to remember..

Val Aldridge



ICE held our AGM at the beginning of September. The existing Committee was re-elected and we welcomed Samuel Constable as a new member. We continue to be a small but enthusiastic group and are looking forward to planning and running our usual Christmas event:

SUNDAY 1st DECEMBER @ The Mills Hall

Timings will be confirmed shortly but the event will include a FREE Santa's Grotto, children's activities, a great raffle, festive refreshments and live music. We will also be putting up the usual Christmas lights around the village in late November. Our supply is fairly limited, and it would be great to see all the gaps filled by individual homes so we can really light up our lovely village!

Our Summer Event was held with the support of the Carharrack Social Club. On yet another wet summers day it was a real bonus to hold an indoor event for all the family. Numbers were steady throughout the afternoon and ICE made a small profit.

Any money made at our events goes towards funding the Christmas festivities as we think it's important that we can offer a free event for our children. With this in mind, we will be looking at new ways of fund raising in the new year and look forward to sharing our plans with you all then. In the meantime, I would like to thank my small team for their continued hard work; the Parish Council for their ongoing support; and all the generous individuals and organisations who have donated to our funds.

Contact: CarharrackICE@outlook.com

Carharrack and St Day Silver Band

2024 has been a big year for the band. We've been settling in with our first new Musical Director in almost 30 years (the wonderful Suzanne), and tackling our busiest summer season since before the pandemic.

St Day Feast was a great success, with the villages coming together for a vibrant day of celebrations. The band was privileged to be joined by valued friends from nearby bands, as well as a group of young brass players from St Day School who did themselves proud. We were grateful as always for the wonderful tea treat in the field, and to those who worked hard to put it together.

The main part of the summer season started with the Mills Trust Summer Extravaganza. It was a wonderful event, and we had a great time playing for you all in the playing field and getting to interact with so many other village groups. It was a busy day, with many of us then immediately running off to help our friends at Redruth and Pendennis bands with a carnival in Constantine. Another welcome new addition to our summer calendar was a run of really fun performances at Carharrack Club, which we really enjoyed and look forward to doing again next year. Finally, we enjoyed our usual selection of church services and village functions which are always a great pleasure to attend.

Looking forward, the band is set for a busy but fulfilling Christmas season with no less than seventeen bookings in the calendar already. As I write this we are also hard at work preparing our Halloween show, which will have already happened by the time you read this. Remembrance Sunday also approaches - our wreath has arrived alongside plenty of poppies for all of our players.

On a lighter note, the band is delighted to have had the opportunity to start running a brass club at St Day School. Sessions for children of all ages run after school on Thursdays and have been really well attended, with a dozen enthusiastic young players learning to play a range of cornets, baritones, trombones, and euphoniums. Our hope is that we may be able to showcase the childrens' hard work on Feast Day this coming year. ***The future of banding in our village is looking bright.***

Our new M.D. Suzanne has settled in beautifully, and the band is lucky to have such an experienced and skilled leader as we prepare for our first official contest entry since 2010. Keep your eyes open, you never know where we'll pop up next!

Best wishes

Samuel Constable



COMMUNITY MARKET

MILLS HALL, CARHARRACK
TR16 5QW
1-3PM

Peat-Free
compost
Feb 8th
Mar 8th
Apr 12th

Low Carbon
Energy
Adviser

NOV 9TH, DEC 14TH, JAN 11TH, FEB 8TH, MARCH 8TH

Bettina's
Textile
repairs &
Renewals

Wendy's
aromatherapeutics
hand blended,
organic skincare

Zoltan the
Knife
Sharpener
(not Aug)

Carley's
seed & nut
butters

Local plants,
jams and
chutneys

Naked
Sprout
toilet rolls

Locally
grown fruit
and veg
produce

Incredible
Bulk
zero waste
refill

Homemade
cakes
including
vegan cakes

Cusgarne
Organic
Farm
Produce.

Peber's
Artisan
Sourdough
bread

Contact email uniteddeg@gmail.com
Facebook United Downs Environment Group

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Directors; Jane Field RGN, & Victoria Anthony MA



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 **CareQuality
Commission**

Well done and thank you to everyone who took part in our annual Scarecrow Competition this year. We love to see how creative you can be and our theme of “Children’s TV Characters” appears to have been very well received.

Many thanks to Margaret Dawes, representing the Carharrack Players, who was our judge this year. Our winners were Paddington Bear, Bob the Builder and Spongobob.





United Downs Environment Group
Meetings and events Calendar
November 2024 - March 2025

Events

Weds Nov 6th
7pm UDEG Meeting: Gwennap Parish Rooms

Sat Nov 9th
Community Market
1-3pm Mills Hall, Carharrack

Sun Dec 1st
"Made in St Day Xmas Fayre"
12-4pm The Marquee, Star Inn, St Day

Fri Dec 6th
Children's Preloved Xmas Presents
2-3pm St Day & Carharrack School

Sat Dec 14th
Community Market
1-3pm Mills Hall, Carharrack

Weds Jan 8th
7pm UDEG Meeting - Mills Hall, Carharrack

Sat Feb 8th
Community Market and Compost Refill
1-3pm Mills Hall, Carharrack

Weds Mar 5th
7pm UDEG Meeting - Star Inn, St Day

Sat March 8th
Community Market and Compost Refill
1-3pm Mills Hall, Carharrack

Sat April 11th
Community Market and Compost Refill
1-3pm Mills Hall, Carharrack

Events/dates to be confirmed:

Celebration of Burwellham Woodland & Community Orchard
Various winter tree planting initiatives around the parishes

Everyone welcome to all meetings and events.

Want to know more details?

email: uniteddeg@gmail.com

Facebook: United Downs Environment Group

or have a chat with us at any of the events

Community Market

Mills Hall, Fore Street Carharrack.
2nd Saturday of the month 1-3pm

Full Addresses

Mills Hall

Fore Street Carharrack TR16 5QW

Star Inn

Vogue, St Day TR16 5NP

Gwennap Parish Rooms

Richard Jory Playing Field

Pulla Cross TR4 8SA

Want to help, or have any ideas how to make these events better please do contact us.

ST DAY AND CARHARRACK PRIMARY SCHOOL PRELOVED CHRISTMAS GIFT SALE

WANTED
GOOD CONDITION
- toys
- books
- games
- puzzles

Please drop off at the school from
25th November.

FRIDAY 6TH DECEMBER
2PM - 3PM

Advertising Rates

Full Page - £18 per edition

Half Page - £10 per edition

Annual Rates: 4 editions

Full Page - £65.00

Half Page - £35.00

We welcome contributions from across the community for potential inclusion in The Carharrack News. We are happy to receive these in writing, as a word document or text within an email. Please send photos separately in jpeg format.

Contact us:

chair@carharrackparishcouncil.co.uk

clerk@carharrackparishcouncil.co.uk

There is a post box at the Mills Hall (to the left of the main door)

Phone: 01209 822631 or 07875 751093

We will need a photo or image for the cover of the next edition?

No age restrictions

Deadline for the next edition is Sunday 19th January 2025

ST DAY POST OFFICE

Opening Hours:

Mon, Tues, Thurs, Fri: 9am - 12.45pm & 1.45pm - 5.30pm

Wed & Sat: 9am - 12.30pm

•

Banking Services

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Pick Up/Drop Off Point for Amazon & DPD

•

A Warm and Friendly Welcome Awaits You



The Mills Hall

Your community Hub

A welcoming space for locals and groups ranging from crafts, theatre, music, fitness, pensioners & environmental clubs and of course every celebration that you can think of.

Prices

Main Hall

9am – 1pm **£25**

2pm – 6pm **£25**

7pm – 11pm **£30**

9am – 11pm **£60**

Meeting Room

9am – 1pm **£10**

2pm – 6pm **£10**

7pm – 11pm **£10**

Annex –

Large Meeting Room

9am – 1pm **£15**

2pm – 6pm **£15**

7pm – 11pm **£15**

Contacts

Chairperson & Building Manager -

Steve Payne

01872 561322 / 07799 461920

wbcars@icloud.com

Bookings/Social Media -

Rachel Payne

01872 561322 / 07777 611930

mills.hall@mail.co.uk

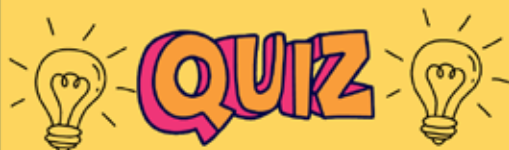
Caretaker - Val Aldridge

01209 821544 / 07719 647352

lorivale@btinternet.com



MONTHLY



2nd Saturday of the Month

£3.00 per person

2nd Saturday of the Month (as stated)

FREE TEA/COFFEE & NIBBLES BYOB

To Book

<https://www.hallbookingonline.com/carharrack>

The Mills Hall Trust

Hello, and a warm welcome to the latest edition to the Carharrack Parish News. Since the last edition we held our 1st Summer Extravaganza in the Mills Playing Field and Mills Hall, despite the miserable weather we had lots of support.

On 29th July we held our AGM. Your Trustee Officers is as follows - Chairperson Steve Payne, Vice Chair Roy Trelease, Treasure Tiffany Little, Secretary Linda Trelease, Bookings Rachel Payne. We have 4 other trustees, we still have have 1 further Trustee position - so if you are interested in becoming a Trustee and helping to run The Mills Hall, please don't hesitate to contact us.

There will be more improvements done to The Mills Hall over the next few months, like repairing the flooring by the stage, installing engery efficient toilets, dry walling within the main hall. Within the last few months we have installed CCTV and replace the hand rail at the entrance to the building, also we have purchased new chairs - which should be a little more comfortable to sit on for the upcoming Carharrack Players Pantomime.

See you all soon - Steve
Chair Person Mills Hall Trust

To Book

<https://www.hallbooking.com/carharrack>





Welcome again to another edition of The Carharrack News.

In the last edition I spoke about changes happening following the General Election and how God never changes. With that in mind I also believe that, unlike we human beings, God's Promises cannot be broken.

At Church of The Cross (COTC) we seek God's will through prayer. When we pray continuously, we invite God into our daily lives, whether it be at work, in our relationships, when we are struggling and in moments of joy.

Recently we at COTC have been experiencing quite a lot of illness amongst Church Community and further afield. We have been asked by friends and supporters to pray for people not known to us 'Up Country'. In these cases, the people we have been praying for are not believers, but they have all seen a change for the better in their illnesses which in all cases is cancer. All 4 have, through their contact, asked for thanks to be given to COTC and the people who have taken the time to pray for people they don't know.

In our own Church Family, we have also witnessed remarkable answer to prayer in health and other situations.

In our community we are going through ever changing life events and as a church we try to support wherever we can. We are only a small congregation, but we are aware of life changing events in the community. We are reminded that God can sometimes seem so far away, but He is always ready to listen, guide and provide. We thank God for answered prayer even though it may not be in the way we expect.

Please contact me or anyone from COTC if you would like prayers for yourself or a situation.

'Every prayer, a powerful weapon, strongholds come tumbling down and down and down' lyrics by Noel Richards.

Pastor Graham Homer
01209 820881



CHRISTMAS CRAFT FAIR!

SUNDAY 24TH NOVEMBER
11AM-3PM
MILLS HALL, CARHARRACK

- LOVELY CRAFT STALLS
- RAFFLE
- REFRESHMENTS
- LOTS OF ORIGINAL GIFTS MADE
WITH LOVE.

LOTS OF PATTERNS, KNITTING NEEDLES AND
OTHER CRAFTY BITS ON OFFER FOR A SMALL
DONATION.

PROCEEDS FROM
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REFRESHMENTS &
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Headteacher: [Susannah Storey](#)

email: secretary@st-day.cornwall.sch.uk

Welcome to our New Reception Children

There is a buzz around School with lots of happy, busy learners - communicating, collaborating and contributing to their class. If you have not walked past our school in a while, please do - as you'll be in for a lovely surprise - we've had a make-over thanks to Lisa, a local artist. Our new Reception children have all settled in superbly embracing our values of Enjoying, Engaging and Excelling in all learning opportunities.



Please see our 'Starting School' flyer if you are interested in your child joining us. We invite you to come in and have a look around our friendly School for yourself as much has changed over the last few years. Our children get a fantastic offer including accessing our lovely outdoors every day. We offer small classes with a focus on child led creativity and curriculum. Our outcomes are excellent, way above local and National standards. Do pop in anytime, we would love to show you around!



2024 – 2027

Rights Respecting Schools

UNITED KINGDOM

Silver Rights Aware

We are a Rights Respecting School

Our Class Vision

In Sapphire Class we come to school to get an education, develop social skills and to work towards a brilliant career. We will do this by participating, listening, concentrating and making mistakes to learn from. We believe it is important to attend school every day to learn. Our long-term goal is to enjoy life, have responsibilities and help others. We will be kind, inquisitive but most importantly be ourselves.

Autumn Term Rights Focus

Across all classes, we are building positive relationships and discussing the **United Nations Convention on the Rights of the Child**. Staff and children are working together to create safe and happy classrooms where everyone's voice is heard and we can all **Enjoy, Engage, and Excel**. Every class has now completed their very own 'Class Charter' to support a positive learning environment and to ensure that 'Rights' are respected, protected and promoted for everyone in our School community. We are excited for the year ahead with our Year 5 Change-Makers leading on new projects in the community and globally.

We are working towards GOLD...

New Roles for our Year 6 Leaders

Our Year 6 children have taken on additional roles and responsibilities supporting our younger children across school. Our **Sports Leaders** assist with sporting activities throughout the school and attend sporting events in a leadership role. We also have Reading Champions, 'Change-Makers' and Computing Leaders. Every child has the opportunity to make a difference.

Our **Rights Respecting Change-Makers** attend regular meetings to decide on whole school 'articles' to focus on. These children are the voice of our school and represent our children's thoughts and ideas. They organise and support local and global community events and champion environmental issues within our wider world.

WE Need You! Can you spare an hour each week? We need a committed group of volunteers to come into our friendly School and hear our children read. We will provide some training for you. We focus on 'Every Child, Every Day-a Reader'. It is the most important skill which changes lives. We would welcome your support. Please get in touch!



We welcome visitors from a diverse range of backgrounds into our school to support our children in thinking about future career aspirations and to understand about respectful relationships, diversity and inclusion. We are lucky to have PC Kirsty coming in on a regular basis this year.

PC Kirsty Visits: I have really enjoyed coming in to speak to all the children. In Assembly, we spoke about the importance of being safe on the road, mobile phones safe use and being kind. I'll be popping into school at least once a month so I really look forward to getting to know everyone. In the meantime, please feel free to catch me at the end of the road on your way in or out of school!



Exciting New Computer Equipment

Our children are very lucky to be using some of the latest coding and computing equipment! Amber class have enjoyed spending time programming our Sphero mini cars to learn the basics of **block coding** in a physical, hands-on way. We had so much fun! We learnt about **algorithms**, **programming** and even managed to successfully **debug** faulty programs. How lucky we are to have access to such innovative, exciting technology. We are extremely grateful to Mr Belling for his generous contributions to our school



Creative Arts and Music

At St Day and Carharrack Primary School, we value the arts and music to support positive wellbeing. We see every day how they help all of our children grow in confidence, learn to express who they are and voice their thoughts and opinions across the whole curriculum. With this in mind we have set out this academic year, with a new bespoke curriculum written by our art and design subject leader, to develop and improve our art offer in school. We want our children to experience a range of mediums and materials while championing local and global artists and celebrating diversity. Music is equally celebrated and valued by our staff and children. Our whole school singing is sounding fantastic - do look out for our Christmas dates in the community! It has been brilliant to hear so much music from around the school. Classical, jazz, gospel, zulu, brass and even rock. The children are loving our new music curriculum and with the extra-curricular activities we offer, the children have an abundance of engaging musical activities to sample.



Starting School - September 2025

Do you have a child born between 1 September 2020 and 31st August 2021? If so you will need to apply for a place in Reception Class 2025.

We would like to invite any families with children starting school in September 2025 to a viewing day on: **Tuesday 19th November - 9.30am**

You can have a tour of our School, see our Reception classroom provision and meet the team. Please arrive at the school office at 9.30am and we will show you around and answer any questions.

If you are unable to make this date, please call the school to arrange a time to suit you.



Together for Families

The deadline for applications is 15 January 2025

Do you have a child born between 1 September 2020 and 31 August 2021?

If so, you will need to apply for a place in a reception class in September 2025 for your child by the deadline of 15 January 2025.



Please note you will need to apply with your child's usual GP's consent to join the school. It is a school's responsibility to ensure that a child's personal information is not given to a third party, or a third party to give it, without the parent's consent. If you are unable to provide your consent, please contact the school. The school is not responsible for any loss of data or information.

Visit www.cornwall.gov.uk/admissions for more information and to access the online application system.



www.cornwall.gov.uk/admissions



Crafty Knits and Tall Yarns

We did it! Over 2000 poppies crocheted and knitted by our group and community. We used our craft group on Monday 7th October to start attaching all of the poppies to the net we will be using in our display, and look forward to unveiling the finished project at the church for Remembrance week.

The last few months have been very busy with poppy-making, but we have also taken part in the banner parade at the Methodist Church. Our new stunning banner, which was designed and created by Siobhan Robson, will be displayed in Mills Hall.

We meet on the first Monday of every month in Mills Hall, from 6.30pm to 9pm. There is no membership subscription – we are completely flexible! The cost for each session is £2.50 and this is to cover hall rental and your unlimited hot drinks and biscuits. We are entirely non-profit making and if we ever have a few busy months, the surplus entry fees get sent to Dementia UK, along with any fund-raising that we do. To date we have sent almost £1500 to this charity which is very close to our hearts.

We usually have an optional free workshop at each session, such as crochet for absolute beginners or patchwork.

On Sunday 24th November, we will be holding our annual Christmas Fair – it would be lovely to see as many of you as possible. Profits from table-hire, refreshments, raffle and tombola go to Dementia UK (if you have any unwanted gifts that could be donated, we would be very grateful!).

Please get in touch if you'd like any further information – Sarah 07813637334. Do come along – we'd love to see you.





Production Update

Rehearsals are now well underway for *The Princess and the Pea*

This year we are performing a script written by life member, Annette Hillman and we can't wait to get back to the stage to perform for you all again! It was so humbling to see the support you all gave to us for our last production and we are so excited to bring the community another fabulous family pantomime. You can still get involved with the pantomime, feel free to come along to the Mills Hall on Tuesday or Thursday evenings from 19:30 and have a chat with the committee and director to see how you can get involved!

Get the dates in your diary now as *The Princess and the Pea* will be going to stage during February half term on Wednesday 19th, Thursday 20th, Friday 21st, and Saturday 22nd February 2025.

The times of the performances will be as follows:

Wednesday - Friday: 19:30

Saturday: 13:30 & 18:30

Tickets will be on sale in January.

Family Fun

The Mills Hall Family Extravaganza was a fabulous community day!

It was such a great opportunity to connect and talk with the community on how to get involved with the Carharrack Players whilst having some fun along the way!

We managed to raise over £50.00 on the day which is incredible and will be used to go towards the cost of the production.



Welcome Club Community Centre, St Day



The Welcome Club meets on the 2nd and 4th Thursday of each month

2pm - 4pm

A warm and relaxed welcome awaits you

Craft, Conversation, Bingo, Friendship,
Music, Quiz, Refreshments,
Warm Space, Wellbeing,
and more.....

P.S. It's free - donations gratefully received - thank you






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★★★★★



MINDFULNESS & FITNESS



Life Active Over 60's

Monday - 9.45- 10.45am
Monday - 11-12pm

Mindfulness Class

Wednesday - 6.30- 7.45pm
The Wellness Hut, Church Road, Stithians, TR3 7DH

Circuit Fitness Class

Thursday - 6.30- 7.30pm

Mindful Core Fitness

Sunday - 9.30- 10.30am

All fitness classes take place at
The Stithians Centre, Church Road, Stithians, TR3 7DH

mindfulnessfitness.co.uk

email: mindfulnessfitness@posteo.net

Contact Jon
07889016264

CLASSES
£7 drop in or
£60 for any 10 classes
FIRST CLASS FREE

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+ MINDFULNESS**
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1hr - £33
or £165 for 6 x 1hr sessions

the wellness hut 

Bring your wellbeing back into balance with:
**Reflexology, Massage, Breathwork,
Mindfulness, Personal Training,
Cranio-Sacral Therapy + more**
thewellnesshut.co.uk

Carharrack Parish Council

Parish Clerk: Julie Taylor

email: clerk@carharrackparishcouncil.co.uk

post: Parish Council Post Box, Mills Hall, Carharrack

Cllr. Valerie Aldridge - Allotments

email: cllr.aldridge@carharrackparishcouncil.co.uk

Cllr. Samuel Constable - Vice-Chair

email: cllr.constable@carharrackparishcouncil.co.uk

Cllr. Andrew Harry

email: cllr.harry@carharrackparishcouncil.co.uk

Cllr. Bettina Holland - Chair

email: cllr.holland@carharrackparishcouncil.co.uk

email: chair@carharrackparishcouncil.co.uk

tel: 07875 751093

Cllr. Tiffany Large

email: cllr.large@carharrackparishcouncil.co.uk

There are currently two vacancies for co-opted Parish Councillors. Please see our advert, contact the clerk or any Parish Councillor listed above for more information. Alternatively come along and sit in on one of our meetings.

2024 Meeting Dates: 16th December 2024

2025 Meeting Dates:

10th February 2025

14th April 2025

16th June 2025

18th August 2025

20th October 2025

15th December 2025

Venue: Main Hall, The Mills Hall, Carharrack at 7.15pm

Agenda and Minutes are displayed on our website and Parish Council and Community Noticeboards in the village.

All are welcome

The Carharrack News is published by Carharrack Parish Council and is distributed free of charge to each property located within the parish as part of the Parish Council's aim for wider community involvement.

The Parish Council editorial team is responsible for the content, layout and preparation of the Carharrack News and the views expressed by contributors does not necessarily represent the views of the Parish Council.



Want to know more details? Go to...

 United Downs Environment Group *email:* uniteddeg@gmail.com or chat @community market

Cornwall Low Carbon Energy Advice Network: Community Energy Plus (Cornwall) is a *charity*, not a commercial company. This new team of advisers provides free, expert, independent, advice and support for homeowners, landlords, and communities looking to use energy better. To enjoy energy efficient homes as part of a more sustainable, low carbon future. We are lucky to have Stephen Murphy, one of the Advisors; @Community Monthly Markets, Carharrack (see market adverts, facebook & events calendar). Stephen is able to provide **FREE** home visits to look at retrofitting your home and offer advice available grants.

Do pop in to the Community Monthly Market and have a chat with Stephen over a cuppa and cake. Or check out: <https://cep.org.uk/futureproof-your-home/>

Not for you? Maybe someone else could benefit please tell others

Raise ££££ money for your group/favourite charity/organisation.

We have opportunity for selling cakes/savouries at the Community Monthly Markets, Carharrack. All money raised will go to your chosen group or charity. No charges made for your table. This could be once a year or more often if you wish. Do you know some people who like to bake? Do you know of someone who can sell at the market as a one off? Come join our friendly, lively, warm space and make money for your favourite cause. Contact us for more details. Karen Jeffereys.

Not for you? Maybe someone else could benefit – please share, tell others

Christmas Shopping made easy.

Friday 6th Dec, 2-3pm @St Day & Carharrack Community School.

Children's Preloved Christmas Presents

Here comes Christmas! May it hopefully bring us joy and fun. From an environmental and financial point of view Christmas can be a disaster. New "stuff" e.g. toys, books and presents '*costing the earth*' irrespective of what they are. St Day & Carharrack Community School are once again joining with UDEG to offer an alternative. At the pre-loved sale you can donate good books, toys, children's gifts. Come and have a browse on 6th Dec and find gifts for your child or grandchildren. Bargain prices and all the proceeds go to school. It is a fun, lively and an exciting event with the children helping to run the sale. Hot drinks and cakes available. Raffle Prizes too! Everyone is welcome.

**Sort out your donations of books, toys, puzzles, gifts for Children.
Drop off to St Day & Carharrack school from 25th November. Thank you**

United Downs Racetrack

UDEG are working in partnership with Purple Cornwall Ltd, the company who run the **Banger Racetrack**. Together we are looking at the Green Lease requirements set by the landlord, Cornwall Council. Jointly, we are making extraordinary steps forward. One of the most exciting projects coming out of this work is the discovery of the rare and endangered flowering plants and ferns by Dr Colin French (PhD in Palaeoecology), May 2022. Colin's report identified 186 species in what looks like bleak, barren scrubland on the old mining site. It is quite the opposite! As a result, we potentially have on our doorstep a centre of natural wonders with a high level of biodiversity, presenting high nature conservation value (French, 2022). UDEG members working with Colin and Crispen, the proprietor, have learnt so much. We humbly recognise by listening, learning and reflecting from these people offers very different results to what we first expected. Thank You Dr French and Crispen Rosevear.

Want to know more or wish to join this exciting work please contact us

 United Downs Environment Group *email:* uniteddeg@gmail.com or chat @community market

Parish Council Achievements

New Benches - we have installed two new benches in the village. One is at The Pound Field where you can enjoy the natural environment and find a sheltered spot even during the coming winter days. The other is on The Shute at the top of Shute Hill. It's quite a walk up there, but the views looking out towards the south of the county are wonderful. No excuses not to include this uphill stretch as part of a regular walk as we head into the shorter days of winter.

Big Bug Hotel - the parish council has agreed to install a bug hotel on the Pound Field as part of our conservation work in conjunction with the United Downs Environment Group. We are on the look out for any unwanted pallets. If you have one you would like to donate you can either drop it off at The Pound Field or make contact with any parish councillor or the clerk and we can arrange to collect it. Preferrably in good sound condition as we hope to build a hotel that stands the test of time.

Rats - we have received reports of rats in some areas of the village and provided the necessary council contacts for reporting this issue. Cornwall Council no longer has a vermin officer/team and responsibility for managing any investigations lies with the homeowner or landlord. Please be mindful about keeping your rubbish (especially any foodstuffs) in places which are not accessible to these animals. Keep areas around the home and garden clear and tidy and be aware of any warm dry places where they might take up residence.

Community Working Group - we have started a community working group to help tidy up specific areas of the village. So far we have completed three x 1 hour sessions and managed to achieve quite a lot. We are hoping to continue with this meeting up on alternative Saturday mornings working from 9am - 10am. Just one hour twice a month. It's really great when passers-by stop and say thank you. We will put notices out on social media and the noticeboards with details of the next working group and if you would like to help just get in touch and we can contact you direct. No permanent commitment is required. But anytime you can give to your community is much appreciated.

Volunteers - are a valuable asset to any community. Do you have skills that are not being used at the moment? Do you have any ideas for the future of the village? Do you have some spare time which could be used to improve our environment or help existing groups with the community work they are doing?

The Parish Council is still in need of two people to fill the vacancies it has.

We would like to have a volunteer footpath officer to report any issues on our public footpaths and bridleways in the parish. You don't have to be a parish councillor to do this.

Looking to the future it would be good to have someone else to edit the Parish Magazine and it would be in the communities interest to begin to extend the community working group to incorporate the playing field.

ICE, The Carharrack Players, our Parish Churches, the Environment Group, the Social Club, Community Market and Mills Hall are always keen to hear from anyone who can lend a hand with events.

Many hands make light work - when volunteers become fewer, the load gets heavier and the amount they can for this community will be much less.

Allotments: All of our allotments have now been taken up. But if you wish to have an allotment don't be disheartened. Just let either the clerk or Cllr Val Aldridge know that you are interested and your name and contact details will go onto our waiting list.

It has been a challenging year for our allotment holders with such a cold and wet start to the year which delayed preparation and planting and subsequently poor results for some crops due to the reduced rate of germination, lack of insects and on-going poor weather conditions.

The Parish Council continues to support this valuable community and we wish you all a winter of happy hibernation with time to look through the seed catalogues and make your plans in readiness for when the days draw out again and you return with lots of ideas, energy and enthusiasm for your individual plots.

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St Pirans Church Carharrack:

The Mission Church to the Parish Church at St Day

The Church of England is the 'established' church for England (& Cornwall) and is not a 'membership' church. The Parishes in which we all live mean that your church is there for you, even if you do not attend it, Baptism (Christening), Weddings and Funerals can all be conducted for you in your church.

The maintenance of church buildings is in the oversight of a Parochial Church Council, sometimes there might be confusion with a Parish Council, which is local 'government' and civil, the church being ecclesiastical.

The church do not get any precept assistance or monies from Government, National Trust or elsewhere.

All the money needed is raised through the good works and efforts of volunteers.

Despite the impression commonly held that the Church of England is rich, similar to inherited wealth, owing land and property does not pay day to day bills.

St Pirans Church, Carharrack is very much at the heart of the village.

Families have come to mark their threshold events and we want the church to thrive and continue to be there.

An independent user, with the Church of the Cross, Pastor Graham, hires the building for worship each Sunday.

The Church of England own the building and offer Communion there each month.

The environment around the church, boundary wall, roof and guttering have all been or are being repaired and upgraded.

Recently it has been realised the Bell Tower requires attention and renovation. The estimate for this is more than we currently have available to start the work. I wanted to draw this to the residents of Carharrack's attention.

Invite you warmly to come to your church, support us with your prayers and yes, money.

Look out for fundraising events, help us to keep the church both as a building and holy space at the heart of the community.

Canon Jem

Vicar - St Day & Carharrack, Chacewater, Gwennap, Stithians.



Scything Training at the Pound Field Summer 2024



Our thanks go to the Mining Villages Regeneration Group for their financial support of this free training opportunity. It was a beautiful day and everyone who attended spoke very highly of the venues - the Mills Hall and The Pound Field, and the very knowledgeable and supportive trainers - Sam and Shelley. A great day enjoyed by all.





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makers and artists**

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**Plastic free &
planet friendly gifts**

**All proceeds to St
Day & Carharrack
Community School**

**Mulled
Wine**

**Sunday 1st
December
12pm-4pm**

**Follow us on facebook
United Downs Environment Group**

For more info email: uniteddeg@gmail.com

And Finally.....

It has certainly been another incredibly busy year with many challenges, changes and steep learning curves for all on the Parish Council. We have continued to work together and done the best we can in the time we have available.

Our sincere thanks go to Julie Taylor, our parish clerk for all her hard work and support given to all of us as we continue to take the parish council forward.

Thank you to everyone in the community who has contributed in any way they have. No matter how large or small the contribution - it all helps.

Putting this last edition of the Carharrack News for 2024 together has been proof that there is a lot going on in this small village. It makes my job as editor so much easier and provides everyone with an opportunity to communicate with the entire community and beyond. Get in touch if you want to promote your event, group, club, fund-raising event or anything else. It's what this magazine is for. And please support wherever you can and in any way you can.

On behalf of Julie, Val, Andrew, Samuel and Tiffany we wish you all a very Happy Christmas and a Peaceful New Year.

Bettina

Chair - Carharrack Parish Council

As this magazine is about to go to press and we have a space left there are some very special people that we have to thank and show our appreciation for the wonderful display of hand-knitted poppies that cover the porch of St Piran's Church this week of remembrance.

To Sarah, her team of crafty knitters and to every other person who has in anyway contributed to this project we would like to say "thank you so much". The final count on the poppies is in the region of 2,200. An incredible achievement for this village and community. And one which will continue to be displayed into the future. Our thanks also goes to St Piran's Church, Rev Graham Homer and Canon Jeremy Thorold for their support of this project.



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